

Meeting **C**hallenges head-on.

Undergrad Daisey talks about how she uses Anatomy & Physiology to meet the demands of her nursing courses.

**Juggling school and ROTC full time,
nursing student **Daisey** stays on top of her
competitive coursework and busy schedule
with the help of **Anatomy & Physiology**.**

Q

Tell us about yourself. Why nursing & ROTC?

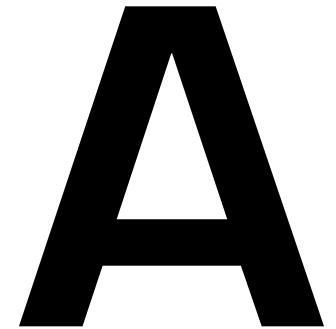
Nursing provides me with an intellectual challenge. I am able to learn new and interesting concepts by examining and discussing topics from **various angles. The exams are definitely a challenge, but upon successful completion I gain a feeling of achievement like no other. ROTC provides me with a physical and mental challenge. It forces me to really think outside the box and discover **new perspectives**.**

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You've been using Anatomy & Physiology in your nursing classes. How has it been so far?

Having Anatomy & Physiology on my iPad is so great! **The fact that it's so portable allows me to study anywhere I go**, while I'm walking to class or if I just don't have my notes or textbook readily available. With the app **I can quickly review material that we will cover in lecture** before I get there.

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What topics are better taught with the app?

“Cells and Tissues” and “Integumentary,” so far. The video on passive and active transport would be a perfect example of when I had that kind of “Ah ha!” moment. **Visually seeing the movement of the molecules through the phospholipid bilayer helped me differentiate between the two**—which I didn’t quite understand through my notes or the flat pictures in our textbooks.

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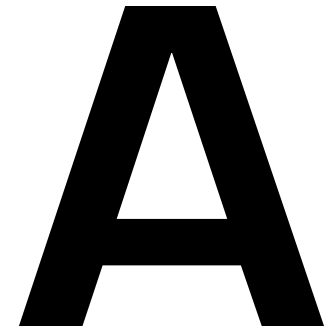
Want to see the app in action? Watch a demo [here!](#)

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How did the app change the way you study?

The 3D visuals and videos are so helpful! I am mostly a **visual learner**, so being able to really see the structures and processes that we discuss helps me with memorization. I can really focus on something specific that I am trying to learn or review by **highlighting, zooming in, or using any of the other features.**

The **quizzes**, too. For me, it's one thing to memorize concepts, structures, etc., but to be asked questions and quizzed over it, is something else.

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Interested in learning more?

**Explore the [Wolters Kluwer Virtual Anatomy Center](#)
for eBooks, marketing kits, and much more!**