Meeting Challenges head-on.

Undergrad Daisey talks about how she uses Anatomy & Physiology to meet the demands of her nursing courses.
Juggling school and ROTC full time, nursing student Daisey stays on top of her competitive coursework and busy schedule with the help of Anatomy & Physiology.
Tell us about yourself. Why nursing & ROTC?

Nursing provides me with an intellectual challenge. I am able to learn new and interesting concepts by examining and discussing topics from **various angles**. The exams are definitely a challenge, but upon successful completion I gain a feeling of achievement like no other. **ROTC** provides me with a physical and mental challenge. It forces me to really think outside the box and discover new perspectives.
Q: You’ve been using Anatomy & Physiology in your nursing classes. How has it been so far?

A: Having Anatomy & Physiology on my iPad is so great! The fact that it’s so portable allows me to study anywhere I go, while I’m walking to class or if I just don’t have my notes or textbook readily available. With the app I can quickly review material that we will cover in lecture before I get there.
“Cells and Tissues” and “Integumentary,” so far. The video on passive and active transport would be a perfect example of when I had that kind of “Ah ha!” moment. Visually seeing the movement of the molecules through the phospholipid bilayer helped me differentiate between the two—which I didn’t quite understand through my notes or the flat pictures in our textbooks.
How did the app change the way you study?

The 3D visuals and videos are so helpful! I am mostly a visual learner, so being able to really see the structures and processes that we discuss helps me with memorization. I can really focus on something specific that I am trying to learn or review by highlighting, zooming in, or using any of the other features.

The quizzes, too. For me, it’s one thing to memorize concepts, structures, etc., but to be asked questions and quizzed over it, is something else.
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